

## **Manitoba Organization of Disc Sports (MODS) - Pregnancy Policy/Waiver**

### **Purpose**

1. The purpose of this policy is to protect the safety of the expectant mother and her baby. It will allow, while reviewing the Ultimate Pregnancy Waiver, the expectant mother and her physician to discuss the pros, cons and potential risks involved in participation while pregnant.

### **Pregnancy Policy**

2. MODS will not knowingly allow a pregnant player to play without having the Ultimate Pregnancy Waiver reviewed and signed by her physician. A copy of the Waiver can be downloaded from the M.O.D.S. website. Once signed by a physician a copy of the Waiver should be forwarded to the M.O.D.S. director another copy should be brought to any M.O.D.S. sanctioned events/games.

### **Application**

3. This policy applies to all MODS members and cannot be overruled by the "Captain's clause" (UPA 11<sup>th</sup> ed. Rules, I.C).

### **Enforcement**

4. Failure to adhere to this policy may give rise to disciplinary measures in accordance with MODS' Code of Conduct and Discipline policy (<http://mods.mb.ca/site/CodeOfConduct.htm>).

### **Review and approval**

5. This policy was approved by the Board of Directors on March 5<sup>th</sup>, 2009 and will be reviewed at the 2009 Annual General Meeting.

Important notice to all MODS members:

In response to recent concerns expressed by ultimate players in the MODS Winnipeg Ultimate League, a new policy **had** been introduced which prohibits pregnant women from playing ultimate in any MODS sanctioned event. **That has since been reviewed and some changes have been made to the policy to encourage an open discussion between the expectant mother and her physician.**

**MODS has chosen to introduce a Ultimate Pregnancy Waiver in an effort to create the safest and most comfortable environment for all players.** While the policy is self-governing (just like all rules and policies governing the sport of ultimate) we expect all MODS members will respect the policy and adhere to its rules.

A few things to consider:

- 1) **This policy is designed to allow expectant women and their physicians to make a truly informed decision regarding playing Ultimate while pregnant.**
- 2) Due to its sensitive nature, this policy will be up for review at this year's Annual General Meeting. We invite all MODS members to attend the AGM and voice your opinions on this (and any other) matter.
- 3) **In the case where a person becomes pregnant and decides to not play while pregnant after discussion with her physician,** MODS will refund 100% of that player's membership fees for the season.
- 4) Anyone found in violation of this Policy (and therefore the Player Code of Conduct) may face disciplinary measures in accordance with the MODS Dispute Resolution Policy.

We thank you for your understanding and trust you will respect this and all other MODS policies.

**2009 MODS Waiver**

In consideration of the Manitoba Organization of Disc Sports (M.O.D.S.) members accepting this entry and of the inherent risks associated with this sport/event, I hereby, for myself, my heir, executors and administrators, Waive and Release any and all right and claim of any sort I have against M.O.D.S. members holding this sport/event, their agents, representatives, successors, assigns and sport/event sponsors for any and all damages sustained and any and all injury and loss, including personal and property loss arising from any cause whatsoever, including negligence. **In addition I understand and agree that where applicable M.O.D.S. Pregnancy Policy requires a waiver be reviewed and signed by a physician to enable playing while pregnant.**

I consent for M.O.D.S. to use my name for the purposes of posting league team rosters online, as well as in connection with my participation in other M.O.D.S. activities, including tournaments and volunteer efforts.

I understand that M.O.D.S. reserves the right to use any picture taken during league or tournament play at a M.O.D.S. event for instructional purposes, advertising or posting on the website.

**If you are under 18 years old you MUST have a parent/guardian sign this waiver before you can play in league.**

Participant Name (please print) \_\_\_\_\_

Date of Birth \_\_\_\_\_

Postal Code \_\_\_\_\_

Participant  
Signature \_\_\_\_\_

Parent / Guardian  
Signature \_\_\_\_\_

Date: \_\_\_\_\_ Email: \_\_\_\_\_

Website User Name: \_\_\_\_\_ Password: \_\_\_\_\_

Lost Password Question (Circle one)

First pets name      Mother's maiden name      Favourite cartoon character

First job      Favourite color      City of birth      Uncle's brother's child

Lost Password Answer: \_\_\_\_\_