



Manitoba Organization of Disc Sports

MODS 2022 High School League Information Sheet

MODS has run a very successful High School League for over 20+ years. We invite schools to participate in any of all of our leagues and events. Below is general information about registration, the league and games. For more info, please contact [Corey](#)

Registration: This is a team-based league for students from grade 9 to 12. Schools can enter as many teams as they wish and must register each team separately through the MODS website (program links to be added for April 5th). There will be a separate document showing the specific steps needed to register your team. Team registration is very easy and can be done in a couple of minutes. The real work is in adding the roster and we'll touch on that in a bit.

Registration Opens on April 5th and closes on April 15th @ 5pm.

Rosters are due prior to first games.

League play will begin April 26th if weather allows.

Costs: The team cost to enter a team is \$90+GST = \$94.50 per team. This covers the expected 10-game season. Additionally, all players must purchase a MODS Junior Membership \$10+GST = \$10.50.

NOTE: Teams who can provide a home field for up to 50% of their games will have their team fees waived.

Format: The MODS High School League plays twice a week on Tuesday's and Thursday's. Games start at 4:30 pm and run until 6pm. Teams typically show up around 4pm for warm up. It is a mixed league meaning that both female and male identifying players play together. It is a 7 on 7 league and this year we are implementing the "[Gender A Rule](#)". This ensures equal playing time between the genders.

Locations: MODS relies on a mixture of school fields as well as Assiniboine Park, Churchill Drive Park, Kildonan Park & IJL Ultimate Park (in Maple Grove) to run our games. Teams will fill out a travel survey prior to the release of the schedule to help the office make the best schedule. The more limited your team is for traveling the more limited your schedule will be (in terms of variety of opponents etc...)



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Divisions: While some schools do build their teams as Varsity or JV the league does not require you to do so. Instead, we offer a few divisions (usually 4) to place teams appropriately skill wise for the best parity and competition.

Spirit of the Game: SOTG is the core fundamental principal that our sport is built on. All teams and programs are expected to follow this and teach it to their teams.

Playoffs: The league does not have a playoff structure built into it, but we encourage all teams to participate in our Junior Provincial Championships.

Coaches Meeting: Each team is required to have one representative present at the league meeting before the season. The meeting will be on April 11th @ 6pm. Location TBD, this may be done online via Zoom.

Game cancelations: In cases where games need to be canceled due to weather a notice will be sent at 12pm on game day to our contact list. We don't play through lightning so everyone should be familiar with the MODS [Severe Weather Policy](#).

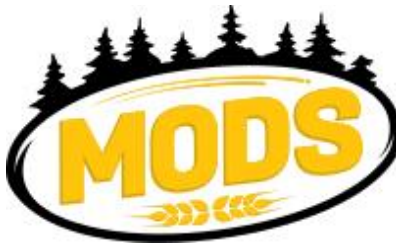
Other key things to remember

Respect In Sport: this is now mandatory for all coaches. Please make sure that all of your coaches have completed this before the season begins. <https://mods.mb.ca/juniors/Respect-In-Sport-RIS/>

Team Manitoba: players interested in trying out for one of our provincial teams that will attend nationals in August will want to attend the tryouts in May and June (dates TBD).

Registration options – the link with the how to register and roster your team is a great tool to help you complete this. In general, you have 3 options for your roster.

- Send invites to players and parents through the team invite screen. The parents will accept the Assumption of Risk forms and **pay for the memberships themselves**.
- Send invites to players and parents through the team invite screen. The parents will accept the Assumption of Risk forms and **the school will pay for the memberships**.
- Schools can request an excel form to enter the info from their roster and collect physical copies of the Assumption of Risk forms with signatures. All info must be entered completely.



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Why do we need the roster info? This is for our insurance purposes. Additionally, our demographics are compiled on the website. Further to that our website is integrated to our Quickbooks Online so all program and event fees need to be entered into the system.

Tip: check with players to see what email they are using on the MODS site. If you invite them with an email that is different then the one, they already used you are creating a new account.

MHSAA: All teams must also upload their spring rosters onto the MHSAA website. We are working on a solution to merge this as both MHSAA and MODS use the same website provider.

Multiple Rosters: If your team is playing in multiple events with MODS you only need to maintain ONE roster. i.e. if you're doing Spring Discovery, League and Provincials just add the roster to the league team. We don't want parents to have to go through this process 2 or 3 times for the one season.