



INDOOR RULES AND REGULATIONS FOR

WSF Soccer South (211 Chancellor Matheson Road)

WSF Soccer North (770 Leila Avenue)

All participants and patrons entering Winnipeg Soccer Federation facilities must abide by these rules and regulations. Be advised that the WSF staff may refuse entry or remove anyone not abiding by these rules and regulations.

- Only water is permitted at field level (no sports drinks). Water fountains are located by each quarter field and bottled water can be purchased at vending machines on the concourse and field level. Beverages other than water will NOT be permitted down to the field level and inside dressing rooms. Do not attempt to bring these drinks past the main entrance field door. WSF staff may ask you to finish your drink or offer to store it for you before proceeding down to field level.
- Only clean athletic shoes or approved cleats (see below) are permitted on the turf or anywhere on the green surface, including bench areas. Outdoor shoes are not permitted on the turf at any time. **This policy applies to everyone on the field, including coaches and team helpers.**
- Indoor soccer shoes, plastic molded cleats and regular athletic running shoes are allowed on the turf. No metal or screw-in cleats are allowed. Outdoor shoes, winter boots, sandals, ballet shoes or bare feet are not permitted.
- Shoes are to be cleaned of all debris and dirt prior to arriving at the complex. You should change into your playing shoes once you arrive at the complex and then proceed to the field, do not wear them in from outside. If your shoes require cleaning, please do that before arriving at the facility.
- No spitting! This is to maintain cleanliness and reduce bacteria on the field.
- No food, candy or gum on the field.
- No spectators on the field or on the field level walkway behind the mesh. Parents are allowed to assist their children in the dressing rooms but then must exit the field level and proceed to the concourse.
- Do not go on the field until your scheduled rental time begins and be off the field before your rental time is done. You must warm-up during your scheduled rental time. Do not warm up on the field sidelines as it interrupts the current field user.
- Throw away/recycle all trash & debris from bench areas and dressing rooms when done.
- Anyone using inappropriate language will be removed from the complex.
- All teams should have their own first aid kit at their bench. WSF staff are available to assist you with any injuries beyond what your first aid kit can handle but they are not EMS. For serious injuries, 911 should be called immediately.
- ALLERGY ALERT: the field is composed of rubber which may irritate people with latex or other allergies.
- The Winnipeg Soccer Federation is not responsible for lost or damaged property.
- Your team will be assigned a dressing room and a locker key. Keys are to be picked up by one team representative at the information booth. You will be asked to leave your car keys or ID in exchange for the locker room key. Return the locker room key when your team has finished using the dressing rooms. If you lose the locker key, you will be required to pay a replacement fee of \$25 before receiving your items back.
- Dressing rooms are scheduled on a rotating basis with other users in the complex. When your team is on the field, another team may be scheduled to use your dressing room. Secure your personal belongings in the locker designated to your team. You will be allowed to enter your dressing room 15 minutes prior to your rental time and we ask that you exit within 15 minutes afterwards so please change and shower as quickly as possible. There may be times where you will also be sharing a room at the same time as another group of the same gender. Do not switch dressing rooms/lockers with other teams/users.
- Alcohol is NOT allowed at field level, in dressing rooms or on the concourse level. It is only permitted in the designated restaurant areas as sold by the restaurant. Bringing in your own alcohol is not permitted.
- No pets allowed on the premises.
- No smoking or vaping allowed inside the building.
- Parking is available in the University of Manitoba lots at the front of the building. There is a fee for parking prior to 4:30pm from Monday to Friday. Parking is free in these lots after 4:30pm on weekdays and all day on weekends. Refer to the parking lot signs for further information. The Winnipeg Soccer Federation is not responsible for these lots, including supplying change for the meters.

If you have any questions, please call the soccer complex at 204-953-4747.