

Hello Parents and Athletes – Sundays meeting has been cancelled and everything you need to start the season should be included below,

Welcome to another year with the Team Manitoba Ultimate Program. We have received several requests to move away from a parent meeting on a weekend evening and so we are trying to send all the information through email this year so that we can free up more of your time and also make sure you have copies of all the links and forms you will need for the season. However if you need anything at any time, have questions, concerns or ideas – please do not hesitate to reach out! You can work through me in the office (Sean Seywright, Business and Sport Development Director – (204)925-5655 or bsddirector@mods.mb.ca) or you can always reach out to Heidi Grieser who is the head of our Junior Committees and also a Director at Large with our MODS board (hgrieser@mods.mb.ca).

Practices for all teams...

Monday, Wednesday and Thursday every week
Assiniboine Park
4:30 to 5 Training
5 to 6:45 Practice
6:45 to 7 Off field meetings, cool down and stretch time

\$\$\$ Fees for the summer...

MODS will cover all uniforms (extra items or copies can be ordered at your own discretion), we cover athlete insurance, registration with MODS and Ultimate Canada. We also cover tournament fees for Regina, Flatland 5's here in Winnipeg and Nationals as part of the fees. The coaches payments for their time and services are covered with your fees as are the field rentals throughout the summer. MODS will also cover the cost of the teams bus ride to and from the tournament in Regina as well as Nationals in Edmonton. Hotel rooms are also provided for all athletes who have paid their fees.

Fees for the summer \$1200+GST (this can be paid in one payment online as of today).

There is also an option to pay online in 3 installments – June 3rd payment \$400, June 21st payment \$400 and final July payment on the 8th for the remaining \$400.

Parents paying by cheque, can mail the cheques in any time next week and we will hold any post dated payments until the posted date.

All payments must be complete no later than July 15th, 2019 or athletes will not be able to travel with the team to Nationals and participate in the event.

PLEASE NOTE – PAYMENTS MUST BE MADE ONLINE OR CHEQUES MAILED TO THE OFFICE AND CANNOT BE SUBMITTED TO COACHES, THEY WILL NOT TAKE ANY FORM OF MONEY OR PAYMENT AT THE FIELDS OR EVENTS

Athlete Assistance...

All families are welcome to apply for athlete assistance if they need help with fees for the summer. All forms and required paper-work must be into the MODS office no later than Friday June 7th. All support will be announced in confidentiality to families by Wednesday June 12th.

The link to the form is here >>>

<https://mods.mb.ca/assets/content/Team%20Manitoba%20Athlete%20Financial%20Assistance%202018.pdf>

There are 3 forms which must be EMAILED back to bsddirector@mods.mb.ca no later than Wednesday June 12th, 2019

1. Athlete Medical and Emergency Information >>>
<https://mods.mb.ca/assets/content/Athlete%20Medical.pdf>
2. Ultimate Canada Jr. Participation Agreement >>> <http://cuc.canadianultimate.com/secure/wp-content/uploads/2019/04/2019-UC-Participants-Agreement.pdf>
3. Ultimate Canada Jr. Code of Conduct Agreement >>>
<http://cuc.canadianultimate.com/secure/wp-content/uploads/2019/04/2019-JR-Player-Code-of-Conduct-1.pdf>

PLEASE NOTE – FORMS MUST BE EMAILED AND CANNOT BE SUBMITTED TO COACHES, THEY WILL NOT ACCEPT PERSONAL AND CONFIDENTIAL INFORMATION

Tournaments and Events 2019 Season

MODS has set up 3 events for the summer to help with development. For those who remember trips to MUDI and the Minneapolis tournament, that event no longer exists due to poor weather and participation. This has forced us to look at new development initiatives in the last 2 years to help the teams and programs. We will be playing in a junior and adult event in Regina this year, we will also hold a one day mini event here in Winnipeg so parents and families can support their kids locally and we will be participating in Edmonton at the Ultimate Canada National Championships. Parents – please take note of the hotels listed below, you are welcome to book at either and join our group! 😊

The Event List Is On The Attached PDF File

Fundraising Cards 2019 (OPTIONAL)...

For those of you with the program last year, you were introduced to momentum fundraising who put together discount cards (similar to show and save) which MODS used as a fundraiser. That program will be back again this year and we will share the fundraising information in a stand alone email this weekend and follow up on Monday again next week. MODS and Momentum fundraising will be at Assiniboine Park on Thursday June 6th to hand out cards and take payments from families who are interested.

Uniforms and Clothing 2019...

VC Ultimate is once again our sponsor and clothing provider for the year and season! We know the athletes love the feel and look of their product and we want our athletes happy on the fields! The online order forms will come out **next Wednesday June 5th. Families and parents will have until Friday June 7th (48 hours) to complete the online order** for the season. This will allow us to have the merchandise delivered to the hotel in Regina for use at our first real tournament of the year and well before Nationals. Athletes will only have to select their team, sizes, jersey number and spelling of their names to complete the process – MODS makes the payment for all required team gear. PLEASE NOTE – there are options to get extra gear for the family (shirts, caps, etc.), however that does come with an added personal cost at the time of check out. MODS does not cover the cost of extras.

(New) MOFO Off Field Training...

Masters of Flying Objects will be completing the LTAD pathway of development by undertaking sport psychology and nutrition work in the form of weekend workshops this year. This is to help wholistic development and help our athletes not only with a competitive edge, but also healthier habits as they devote and commit more time to training. Please note that we hope to expand this program to all teams

next year and that the cost of this expansion to Team Manitoba programming is covered through grants and outside funds and the cost is not being passed on to parents until we can offer the program to all athletes.

Session 1: Sunday June 16th Canada Games Sport For Life Centre (145 Pacific Avenue)

9:30am – 10:30am Talk #1 MOFO Girls (SP) MOFO Boys (N)

10:45am – 11:45am Talk #2 MOFO Girls (N) MOFO Boys (SP)

Session 2: Sunday July 7th Canada Games Sport For Life Centre (145 Pacific Avenue)

9:30am – 10:30am Talk #1 MOFO Girls (SP) MOFO Boys (N)

10:45am – 11:45am Talk #2 MOFO Girls (N) MOFO Boys (SP)

Session 3: Sunday July 28th Canada Games Sport For Life Centre (145 Pacific Avenue)

9:30am – 10:30am Talk #1 MOFO Girls (SP) MOFO Boys (N)

10:45am – 11:45am Talk #2 MOFO Girls (N) MOFO Boys (SP)